

Inspiring You!™



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Success By Design Inc., Career & Life Coaching

an e-zine for personal and professional development
from industry leader Cynthia Stringer, PCC, MCC

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Dear Inspiring You! Readers:

A big thank-you to our loyal subscribers. We're in our third year of publishing Inspiring You! If you are interested in writing a short article for submission in our upcoming newsletter, or if you would like to contribute resources and links, please let us know.

We are pleased to announce that Success By Design Inc. is serving people in many other countries: Australia, Canada, France, Hong Kong, India, Japan, New Zealand, United Kingdom, United States and South Africa.

Warmly, Cynthia



1. Monthly Coach Challenge and Article

Dear Inspiring You! Subscribers,
Thank you so much for your feedback this past month (see below).

This newsletter is produced for you! We each grow and learn as we share with one another. Due to the events of September 11, 2001, my regular column is not being published this month. Instead, I'd like to bring to your attention a thought, concept, focus.

Be aware in the coming week of how often you have the opportunity to impact and make a difference in someone's life. Notice the small opportunities (cab driver, drycleaner, book store attendant, grocery store personnel, child's car pool, etc.) as well as major opportunities (saving a life, sharing your wealth, listening to a child/spouse, etc.)

Remember that what one person may consider a small gesture may appear as a HUGE gesture to another. Your actions and your words will have impact which you may never fully recognize. Be bold! Step out and contribute yourself.

For instance, think for a moment: Where might you shrink from sharing your gifts, your light and your attention? Do you talk yourself out of taking actions which could positively impact and serve someone?

Presented by Cynthia Stringer, PCC, MCC, President of *Success By Design Inc.*, a coaching and consulting firm specializing in peak performance for businesses. Contact Cynthia at cynthia@successbydesign.net.

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next



Do you assume that someone may have everything they need without first asking them? Might you not do something thinking someone else is already doing it?

My Coaching Challenge to you this month: Identify one action you can take consistently which will uplift, serve and honor yourself and another.

A wonderful quote I refer to often which I found on a greeting card: "The purpose of life is to matter; to count to stand for something, to have it make some difference that we lived at all."

Anonymous



2. Free Teleclass: Branding You!

This teleclass on "Branding You" will be held on October 2nd, 7:00-8:00 pm CST. To register, please email Anne Ferguson, my virtual assistant at va-anne@pacbell.net.



3. Thoughts from Subscribers

Many subscribers responded to the emails sent to this community after the September 11th event—

~~~Cynthia, I'm not sure how often you hear of the comfort you provide so I wanted to be sure to say this to you. I very much appreciated your thoughts and words of comfort, and particularly appreciated the time you took to send this. Thanks for thinking of your subscribers during this incredible time, and staying connected. I am sure you have helped many, perhaps in ways and extent you may never know.

~~~I want people to feel they can reach out and know someone is there for them. Thanks for reaching and touching us.

~~~You are a marvelous coach to all. I appreciate your service and kindness.

~~~This is a great newsletter. Thank you for taking the time to help so many.

~~~Very thoughtful gesture of outreach.

~~~Thank you for your supportive, thoughtful and caring message.

~~~Thank you, Cynthia, for this comprehensive list of resources and for being an inspiration yourself.

~~~Cynthia—thanks for sharing your thoughts and words of wisdom.

~~~It is a pleasure and honor to know you. You do inspire me very frequently. Just wanted to let you know.



## 4. SBD Mission

Founded in 1990, Success By Design Inc.'s mission is to provide the most comprehensive and engaging services which enhance the lives of men and women. Our number one priority is to facilitate alignment between who you are and what you do.



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Corporate Coaching Special Interest Group-FREE!

<http://www.coachu.com/sig.htm>

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