

# WARRIOR AFFIRMATIONS

*Your Inner Sage*

by Cynthia H. Stringer



- ◆ I Live With Honor
- ◆ I Have Faced My Deepest Fears and Pain
- ◆ I Have Great Determination and Have Spoken the Truth of My Karma
- ◆ I Am a Being of High Integrity
- ◆ I Have a Keen Analytical Mind
- ◆ I Love Myself
- ◆ I Am Impeccable
- ◆ I Am Honest
- ◆ I Am Ruthlessly Truthful
- ◆ I Am Naturally Calm and Serene
- ◆ My Warrior Spirit Is Infinitely Powerful And Draws Its Resource from God
- ◆ I Am Present
- ◆ I Feel All My Feelings

## **I EMBRACE MY DUALITY, WHICH IS THE SACRED PATH OF THE WARRIOR**

### **I ALLOW MYSELF TO FEEL ALL MY FEELINGS AND SPEAK ALL MY TRUTHS.**

I possess confidence beyond words. I am a Godly spark of light. I am a Warrior with Heart.

### **I ACCEPT THE UNACCEPTABLE**

"When I stopped living in the problem and began living in the answer, the problem went away. And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing, or situation-some fact of my life-unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing happens in God's world by mistake. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes."

"When I complain about me or about you, I am complaining about God's Handiwork. I am saying that I know better than God."

That which I do not like, I do not resist, for that way lies compulsion and a belief in cause and effect. By acceptance I regain freedom. Freedom restores serenity.

### **I AM AVAILABLE, PRESENT NOW**

Past and future are concepts. When I think I understand something in my life-the method of it-I attribute it to the 'past' or to an abstract reason (which is a thought in the past). When I find something in my life that I consider not understandable-I attribute it to the 'future.' But these are concepts. What I am

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## *PREVIOUS*

doing is turning away from the truth that life is unreasonable, original, and unique. I am avoiding God's place in my life. By definition anything in the past is dead. Each moment I choose anew to be 'now' or to be in some thought. Each moment I choose life or death.

## **LIFE IS UNREASONABLE**

Life is not susceptible to reason. When I have a reason-a thought-I am looking at the thought instead of being available to what happening now. All thoughts about life are truth about what life was, not what life is. Some things just 'are.'

## **SEPARATE REALITIES**

Each person is entitled to his or her separate reality-their process with God which they have chosen. I trust their process as I trust my own. People do not need to be fixed. The world does not need to be saved. God's world is as it is.

